

Learner: \_\_\_\_\_

Email: \_\_\_\_\_

Phone Number: \_\_\_\_\_

PAC Mentor: \_\_\_\_\_

Date: \_\_\_\_\_



## PAC Champion: Level 2

**Objectives:** Learners who are PAC Approved at Champion Level 2 will have viewed their PPA videos and are able to:

1. Complete all steps of Positive Physical Approach™ (PPA™), including Hand-under-Hand®, correctly in at least two of these scenarios:
  - a. Someone who does not offer their hand back when approached
  - b. Someone who is lacking all verbal ability
  - c. Someone who is sleeping
2. Use visual, verbal, and touch (VVT) cues in the correct order for the scenarios
3. Initiate a task without showing their agenda through the use of a Positive Action Starter
4. Use Hand-under-Hand™ to complete a task within one of the three scenarios

Learner Skills	No Hand Offered	Someone Sleeping	No Verbal Ability	Comments
<b>1. Adapt PPA and use correct VVT order</b>				
a. Get into visual range	Y / N	Y / N	Y / N	
b. Knock or announce self (not a conversation)	Y / N	Y / N	Y / N	
c. Pause at 6 ft (edge of personal space)	Y / N	Y / N	Y / N	
d. Greet and smile	Y / N	Y / N	Y / N	
e. Move slowly (with hand offered in <i>handshake</i> position)	Y / N	Y / N	Y / N	
f. Move from the front to the side (supportive stance)	Y / N	Y / N	Y / N	
g. Greet with a handshake and your name	Y / N	Y / N	Y / N	
h. Slide into Hand-under-Hand	Y / N	Y / N	Y / N	
i. Get to the person's level (lean back or get low)	Y / N	Y / N	Y / N	
j. Used at least one Positive Personal Connector (PPC)	Y / N	Y / N	Y / N	
<b>2. Use at least one Positive Action Starter (PAS) to initiate a task (meeting their agenda)</b>				
a. Help: "You are so good at __, could you help me?"				
b. Try: "Oh, try this one"				
c. Choice: "This or that?"	Y / N	Y / N	Y / N	
d. Short and Simple: "It's about time to (first task)."				
e. Step by Step: "Lean forward."				
<b>3. Demonstrate correct Hand-under-Hand™ use</b>				
a. Identify the dominant side for the person and set-up	Y / N	Y / N	Y / N	
b. Ensure that the learner's hand is UNDER the partner's hand	Y / N	Y / N	Y / N	
c. Appropriately use skill fingers to complete the task without hurting the partner's hand	Y / N	Y / N	Y / N	
d. Place the hand not in HuH™ either on a joint, holding an object, or gaining HuH™ with the person's other hand	Y / N	Y / N	Y / N	
e. Passing the task off to the partner if they are successfully completing the repetitions of the motion	Y / N	Y / N	Y / N	
<b>4. Thank the person after each try</b>	Y / N	Y / N	Y / N	

Champion Level 2 Approved: Y or N

Overall Comments: