Conference Program

All GEMS Can Shine
2021 PAC Conference

November 14-16, 2021

Teepa Snow's Conference on Brain Change and Support

Virtual on Whova
Welcome to the 2021 PAC Conference: All GEMS Can Shine!
This program is your main guide during the virtual conference.
For any other support, feel free to use our help page
(https://teepasnow.com/pac-conference-help-page/)
phone 1-877-877-1671*0 or email pacconference@teepasnow.com

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*Support speakers subject to change due to GEMS State shifts

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Direct Zoom Links IF Whova Isn't Working for You
Pre-Conference Program Schedule

Sunday, November 14, 2021

1:00 – 3:00 pm ET (2 hours)
A Journey With Dementia Minds: My Perceptions, My Reality
Sensory Changes Related to Dementia - Presented by the National Council of Dementia Minds

3:00 – 4:00 pm ET (1 hour)
Mix and Mingle
Visit Exhibitors, join a virtual meetup

4:00 – 5:00 pm ET (1 hour)
SUP! Panel and Video Clips
Rebekah Wilson, Kerri Hewett, Joanna Fix, Matthew Christopher

5:00 – 6:00 pm ET (1 hour)
PAC Organization Designation
Debi Tyler Newsom, Loy Campbell

No additional charge for these events with full ticket
No Professional Credits Awarded
Monday, November 15, 2021

9:00 – 10:15 am ET (1 hour 15 min)
*How the Brain Works - Teepa Snow, Joanna Fix, Lynn Moore

10:30 – 12:15 pm ET (1 hour 45 min)
*Keynote – The GEMS State Model - Teepa Snow, Maria Turner, Barney Nelson

12:30 – 1:00 pm (30 min)
Self-Care Session #1 Multiple Options (see list later in the program)

1:00 – 2:30 pm ET (1 hour 30 min) Session 1
Track A: Cues That Work - Beth Nolan, Jessica Pelkey, Laurie Waters
Track B: Your GEMS State - Alejandro DeJesus, Rebekah Wilson, Nia Mostacero, Barney Nelson, Bill Hayden, Bonnie Erickson
Track C*: Person-Centered Care Plans - Amanda Bulgarelli, Katie Garvey, Christine Browdy, Teepa Snow, Barney Nelson, Bobbie Redman, Creeky Creekmore, Maria Turner

2:45 – 3:15 pm ET (30 min)
Self-Care Session #2 Multiple Options (see list later in the program)

3:15 – 4:45 pm ET (1 hour 30 min) Session 2
Track A: Diamonds and Sapphires - Alejandro DeJesus, Joanna Fix
Track B: Acute Changes - Melanie Bunn, Beth Nolan, Dali Serrano
Track C*: Matching Support - Teepa Snow, Bobbie Redman, Emily Ong, Don Kent

5:00 – 6:00 pm ET (1 hour)
*Closing - Revising Support - Teepa Snow - Judy Stock, Bonnie Erickson

6:30 – 8:00 pm ET (1 hour 30 min)
PAC Music with a Mission - Starring Jay Allen and Teepa Snow

*=CEs offered
Conference Day 2

Program Schedule

Tuesday, November 16, 2021

9:00 – 10:15 am ET (1 hour 15 min)
*National and International - Teepa Snow, Emily Ong, Julie Hayden, Anne Scott

10:30 – 12:00 pm ET (1 hour 30 min)
*Keynote - Creating a Day with GEMS - Teepa Snow, Bonnie Erickson, Jerry Wylie

12:30 – 1:00 pm ET (30 min)
Self-Care Session #3 Multiple Options (see list later in the program)

1:00 – 2:15 pm ET (1 hour 15 min) Session 3
Track A: Shining Diamonds - Rebekah Wilson, Nia Mostacero, Anne Fargusson, Emily Ong
Track B: Shining Emeralds - Beth Nolan, Creeky Creekmore
*Track C: Shining Ambers - Teepa Snow, Terrie Montgomery, Lynn Moore, Bill Hayden

2:30 – 3:45 pm ET (1 hour 15 min) Session 4
Track A: Shining Rubies - Loy Campbell, Matthew Christopher, Joanna Fix, Lynn Moore
Track B: Shining Pearls - Melanie Bunn, Jessica Pelkey
*Track C: Shining GEMS Environments - Amanda Bulgarelli, Teepa Snow, Rosemary Apol-Hoezee, Bobbie Redman, Joanna Fix

4:00 – 5:15 pm ET (1 hour 15 min)
*Closing - Celebrating All GEMS - Teepa Snow and other advocates

5:30 – 6:00 pm ET (30 min)
Self-Care Session #4 Multiple Options (see list later in the program)

6:00 – 8:00 pm ET (2 hours)
GEMS Stage Show Movie Premiere: A Family’s Journey Through Dementia

*=CEs offered
Thank you for helping make this year’s conference a huge success. Together we provided over 120 free tickets for people living with dementia!
Session 1, Monday, 12:30 – 1:00 pm ET

Option 1: Zen Tangle - Laura Lavoie
Option 2: Positive Living with Dementia - Ted Obenour
Option 3: Breathing Movement - Susan Bone
Option 4: Using Technology to Support - Kelly Bone
Option 5: Brain Teasers - Dan Bulgarelli
Option 6: Chatting and Connecting - Open Discussion
Option 7: Learning from Dementia - CORE Team Members

Session 2, Monday, 2:45 – 3:15 pm ET

Option 1: Yoga - Kathryn Quinlan
Option 2: Brain Connection Cafe - Christine Browdy
Option 3: Art - Bill Hayden
Option 4: Pets and Anxiety Support - MIDementia Minds
Option 5: Mind and Body - Dawn Wiggins
Option 6: Chatting and Connecting - Open Discussion
Option 7: Learning from Dementia - CORE Team Members
Self-Care Session Options

Session 3, Tuesday, 12:30 – 1:00 pm ET

Option 1: 5 by 5 De-stress - Sheryl Scheuer
Option 2: Advocating While Living With - Terrie and Jerry
Option 3: Mind and Body - Dawn Wiggins
Option 4: Brain Connection Cafe - Cheryl Buchholtz
Option 5: Using Technology to Support - Kelly Bone
Option 6: Chatting and Connecting - Open Discussion
Option 7: Learning from Dementia - CORE Team Members

Session 4, Tuesday, 5:30 – 6:00 pm ET

Option 1: Tension Release Exercise - Jeanne Bain
Option 2: Salsa Dancing - Alejandro DeJesus
Option 3: Brain Teasers - Dan Bulgarelli
Option 4: Zen Tangle - Laura Lavoie
Option 5: Sound Healing - Jena Slater
Option 6: Chatting and Connecting - Open Discussion
How to attend my session?

Step One: Log in to Whova https://whova.com/xems/view/basics/agcsp_202111/ on your computer
Step Two: Click on Agenda on the left side of the screen
Step Three: Locate the session and click on “View Session”
Step Four: Click on “Join the Stream” (this will go to Zoom)
Step Five: Enjoy the Session!

If you are unable to use Whova's platform, you can click the direct zoom links below.

Sunday, November 14, 2021

1:00 – 3:00 pm ET (2 hours)
A Journey With Dementia Minds: My Perceptions, My Reality
https://us02web.zoom.us/s/89909694630

3:00 – 4:00 pm ET (1 hour)
Mix and Mingle
https://us02web.zoom.us/j/82880775946

4:00 – 5:00 pm ET (1 hour)
SUP! Panel and Video Clips
https://us02web.zoom.us/j/89921976704

5:00 – 6:00 pm ET (1 hour)
PAC Organization Designation
https://us02web.zoom.us/j/88533561671
Monday, November 15, 2021

9:00 – 10:15 am ET (1 hour 15 min)
*How the Brain Works - https://us02web.zoom.us/s/84563363676

10:30 – 12:15 pm ET (1 hour 45 min)
*Keynote – The GEMS State Model - https://us02web.zoom.us/s/84563363676

12:30 – 1:00 pm (30 min)
Self-Care Session #1 - https://us02web.zoom.us/j/85357347324

1:00 – 2:30 pm ET (1 hour 30 min) Session 1
Track A: Cues That Work - https://us02web.zoom.us/j/85128482026
Track B: Your GEMS State - https://us02web.zoom.us/j/83127037887
Track C*: Person-Centered Care Plans - https://us02web.zoom.us/j/87147302541

2:45 – 3:15 pm ET (30 min)
Self-Care Session #2 - https://us02web.zoom.us/j/82956672320

3:15 – 4:45 pm ET (1 hour 30 min) Session 2
Track A: Diamonds and Sapphires - https://us02web.zoom.us/j/87040348030
Track B: Acute Changes - https://us02web.zoom.us/j/87043082501
Track C*: Match Environment - https://us02web.zoom.us/j/89375508543

5:00 – 6:00 pm ET (1 hour)
*Closing - Revising Support - https://us02web.zoom.us/s/82425290399

6:30 – 8:00 pm ET (1 hour 30 min)
PAC Music with a Mission - https://us02web.zoom.us/s/81785681401

*=CEs offered
Tuesday, November 16, 2021

9:00 – 10:15 am ET (1 hour 15 min)
*National and International Approach - [https://us02web.zoom.us/s/85438886823](https://us02web.zoom.us/s/85438886823)

10:30 – 12:00 pm ET (1 hour 30 min)
*Keynote - Creating a Day with GEMS - [https://us02web.zoom.us/s/87893171029](https://us02web.zoom.us/s/87893171029)

12:30 – 1:00 pm ET (30 min)
Self-Care Session #3 - [https://us02web.zoom.us/j/84222971084](https://us02web.zoom.us/j/84222971084)

1:00 – 2:15 pm ET (1 hour 15 min) Session 3
Track A: Shining Diamonds - [https://us02web.zoom.us/j/84105105645](https://us02web.zoom.us/j/84105105645)
Track B: Shining Emeralds - [https://us02web.zoom.us/j/83317966055](https://us02web.zoom.us/j/83317966055)
*Track C: Shining Ambers - [https://us02web.zoom.us/j/88223994739](https://us02web.zoom.us/j/88223994739)

2:30 – 3:45 pm ET (1 hour 15 min) Session 4
Track A: Shining Rubies - [https://us02web.zoom.us/j/82750973858](https://us02web.zoom.us/j/82750973858)
Track B: Shining Pearls - [https://us02web.zoom.us/j/85487048191](https://us02web.zoom.us/j/85487048191)
*Track C: Shining GEMS Environments - [https://us02web.zoom.us/j/81390174253](https://us02web.zoom.us/j/81390174253)

4:00 – 5:15 pm ET (1 hour 15 min)
*Closing - Celebrating All GEMS - [https://us02web.zoom.us/s/81171824190](https://us02web.zoom.us/s/81171824190)

5:30 – 6:00 pm ET (30 min)
Self-Care Session #4 - [https://us02web.zoom.us/j/88571261954](https://us02web.zoom.us/j/88571261954)

6:00 – 8:00 pm ET (2 hours)
A Family’s Journey Through Dementia - [https://us02web.zoom.us/s/89557254323](https://us02web.zoom.us/s/89557254323)

* = CEs offered