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A Positive Approach to Care with FTD

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What Will We Do?

1. Revisit FTD Changes
2. Seeing it From Both Sides
3. PAC Skills that Support
4. Pick Your PAC

Relationship Changes:

Apathy
Trouble Starting
Trouble Understanding
Reading Body or Visual Cues
Addictions or Repetition
Physical Altercations
Medications
Misdiagnosis
Difficulty in Care Needs over Time:

Start → End

Temporal Lobes:
- Sensory Strip
- Motor Strip
- White Matter Connections: Big Changes
- Automatic Speech Rhythm – Music
- Expletives: Preserved
- Formal Speech and Language Center: Huge Changes

Changes:

**Temporal:**
- Primary Progressive Aphasia
- Dysarthria
- Word Salad
- Echolalia
- Missing Words
- Comprehension Issues
- Consonants Lost
Prefrontal Cortex – Executive Control Center

Six Functions:
1. Be Logical
2. Impulse Control
3. Make Choices
4. Start>Sequence>End>Move On
5. Accurate Self-Awareness
6. Adapt to Others’ Point of View

What do you think is happening?

You are staying alone in a hotel room for a few days. You walk into the kitchen and find the milk sitting on the counter:

- You may have forgotten to put it away this morning
- Someone probably snuck in and left it there
- The housekeeping staff are stealing your things
- There is a little boy trapped under the counter with cookies
If this bothers you, how do you react?

The person in front of you in line has underwear visible as an outfit choice:

You roll your eyes where your partner can see
You whisper something to your partner once the person walks away
You whisper to your partner loud enough for the person to hear
You tap the person on the shoulder and say that the outfit is inappropriate

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Steps to brush teeth:
(with all tools ready and at sink)

1. Unscrew cap of toothpaste
2. Pick up toothbrush
3. Turn bristles towards toothpaste opening
4. Squeeze a pea-sized amount of toothpaste onto the bristles
5. Screw cap back on to toothpaste
6. Open mouth
7. Insert toothbrush, bristles first, into mouth
8. Brush all sides of all teeth
9. Spit excess saliva and toothpaste into sink
10. Fill small cup with water
11. Open mouth and insert some water
12. Close mouth and swish water
13. Spit water into sink
14. Run water over toothbrush
15. Put down toothbrush
16. Pick up towel and press to face

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What can we do about it?

PAC Skills that work…
1. Positive Physical Approach™ (PPA)
2. Positive Personal Connectors (PPC)
3. Positive Action Starters (PAS)
4. Hand-under-Hand® (HuH)
5. Validation
6. Reflection

Person Being Approached:
- Practice using the abilities of someone in an Emerald state
- Binocular vision – start off looking downward
- Vague in language – missing ¼ words
- Better with step-by-step cues
- Take some time to process – count to 3 in your head
- Try to provide your partner with honest and authentic feedback considering you were in Emerald state.
Positive Physical Approach™
(PPA™)*

• Stop moving at 6 ft out
• Greet: a still Hi sign (open by face), say name
• Offer hand in a handshake position
• With his or her acceptance, slowly come in from the front
  —within visual range (or start there)
• Move into Supportive Stance (shoulders are key)
• From the hand shake – move into Hand-under-Hand®
• Get low — sit, kneel, or stand (at or below their level)
• Make a Connection - PPC (wait for their response!)
• Deliver a message — use V-V-T cues and a PAS
  * = if in public space and you start the interaction

Positive Personal Connections (PPC):

1. Greet or Meet: Introduce yourself and use their preferred name: “Hi___, I am ___” or “I am___ and you are?”
2. Say something nice: Indicate something about them of value
3. Be friendly: Share about you then leave a blank
4. Notice something: Point out something in the environment
5. Be curious: Explore a possible unmet like, want or need

Positive Action Starters (PAS):

1. Help: Be sure to compliment their skill in this area, then ask for help.
2. Try: Hold up or point to the item you would like to use, possibly sharing in the dislike of the item or task, “Well, let’s try this.”
3. Choice: Try using visual cues to offer two possibilities or one choice with something else as the other option.
4. Short and Simple: Give only the first piece of information, “It’s about time to (first task).”
5. Step by Step: Only give a small part of the task at first, “Lean forward.”
Try with Hand-under-Hand™:

1. To comfort
2. To visually direct – look at
3. To get started - initiate
4. To help with detail - assist
5. To move or change direction

Visual Verbal Touch:
How you help and connect

- Sight or Visual cues
- Verbal or Auditory cues
- Touch or Tactile cues

Resources:

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