

What Else Could Be Causing My Changes?

Other possible conditions that can look like dementia:

Depression

Chronic Health Conditions with Episodes of Brain Changes

- s/p Head Injury
- s/p Stroke
- Arthritis
- Parkinsons
- MS

New or Worsening Illnesses

- Heart conditions
- Respiratory conditions
- Auto-immune conditions
- Movement conditions
- Pain-inducing conditions
- Mental health-illness conditions
- Other....

Medication Issues

- Medication changes
- Medication side effects
- Medication interactions
- Over or under dosing
- Use of drugs or alcohol to try to manage distress or unmet needs
- Other....

Anxiety - Fear or PTSD

Stress and Distress

- Coping strategy use
- Support missing
- Over-expectations
- Isolation or Forced Interactions
- Pain that isn't being addressed well (physical, emotional, or spiritual)
- Other

Acute Delirium – Acute Metabolic Disturbance

- Infections
- Inflammation
- Pain
- Dehydration
- Malnutrition
- Glucose issues
- Electrolyte issues
- Output issues (impactions, BOO, intestinal blockages, herniations, hyper- or hypothermia)
- Absence/presence of someone who has been a strong emotional support/trigger by history
- Other possibilities exist as well

Other Conditions That Can Make Dementia Much More Challenging:

- Change in Health
- Change in Those Around Me
- Change in Place or Environment
- Change in How Time is Being Spent
- Change in Diet, Exercise, Hydration, Medications, or Sleep

If you are experiencing changes or have concerns, we encourage you to reach out to your physician or a trusted friend to start the conversation.

Positive Approach is here to support you, as well. Please reach out to us at info@teepasnow.com or by phone at 877-877-1671