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Challenging Behaviors in Dementia Care

Outline and Objectives for Video

Content Total Video Time – 150 minutes

Description

When a person living with dementia is experiencing an unmet need, care partners may encounter anger, physical resistance, swearing, hallucinations, and sexually undesired or surprising actions which are just a few examples of the challenging situations that can occur. As a care partner, this could leave you feeling distressed, hurt, embarrassed, or unappreciated.

The goal of this session is to help you discover how to best respond to challenging situations and to help reduce the chance of future escalations and help the person living with dementia feel at ease.

Objectives

By the end of this session learners will be able to:

- Identify which physical and emotional needs may be causing challenging situations.
- Explore how to figure out the problem, ease the discomfort, and calm the person in distress.
- demonstrate the hands-on techniques to connect and comfort using visual, verbal, physical, emotional, and spiritual communication.
- Discuss how to create a deeper and more meaningful care approach by using Teepa's *Six Pieces of the Puzzle*.

Outline

1. With your partner practice using Hand-under-Hand®.
2. Role play with your partner using Positive Physical Approach™ (PPA™).
3. Discuss the likely GEMS® state of a person constantly asking about money.
4. Discuss what four things are true about dementia.
5. With your partner, role play someone in the Emerald state.
6. Demonstrate in order, the three cues that are needed to communicate with someone living with dementia.