Quiz Time!

- What do we know?
- What do we think we know?
- What don’t we know?
- What surprised us most?
- What can we do about it?
Question #1

Dementia and Alzheimers are two different words for the same condition

a. True
b. False
c. I don’t know
Question #2

What is dementia?

a. Problems with memory
b. Another word for Alzheimer’s
c. Something all older people get
d. Another word for a failing brain
e. I don’t know
Question #3

How long do people live when they get dementia?

a. Not long, 1-3 years
b. About 3-5 years
c. Anywhere from 6 months to 30 years
d. About 10-15 years
e. I have no idea
Question #4

What is the first change with dementia?

a. The brain begins to shrink
b. The chemistry of the brain changes
c. The person’s personality changes
d. The person’s behavior changes
e. I don’t know
Question #5

What parts of your brain will change if you get dementia?

a. Memory and language centers die
b. Thinking and behavior centers die
c. All areas have some changes at about the same time
d. All areas have some changes at different times
e. I really don’t know
Question #6

About how many types, forms, or causes of dementia are there?

a. 2-3
b. 5-10
c. 20-40
d. Over 100
e. I have no idea
Question #7

About what percentage of people over 85 have some form or degree of active symptoms of dementia?

a. About 40-50%
b. About 75-80%
c. About 10-15%
d. About 25%
e. I don’t know
Question #8

About what percentage of people under age 70 have some form or degree of active symptoms of dementia?

a. 1% - it is very rare
b. About 5-10%
c. About 25%
d. I don’t know
Question #9

What is an effective treatment for dementia?

a. How we respond to people, the settings we create, and opportunities to continue to live with support

b. There are pills people can take to slow the disease down

c. There is nothing that really helps

d. Exercise and eating right keeps it from getting worse

e. I don’t know
Question #10
Which message would you prefer if you had dementia?

a. You seem incompetent, let me help you

b. Hey there, is there something I can offer to make things better?

c. There is clearly something wrong with you and I don’t know what to do

d. You are scaring me and I want you out of here

e. There is clearly something wrong with you and I am going to call the authorities for help
Quiz Time!

What did you learn?
Question #1:

Dementia and Alzheimers are two different words for the same condition:

a. True
b. False
c. I don’t know
Question #2:

What is Dementia?

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e. I don’t know
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Bonus:

What change happens for all of us as we age?

a. We lose ability to learn new things
b. We all eventually develop some form of dementia
c. Our intake, processing, and output speed slows over time
d. We all get hard of hearing
e. I don’t know
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