Hi, just a reminder that you’re receiving this email because you have expressed an interest in Teepa Snow - Positive Approach to Brain Change. Don’t forget to add communications@teepasnow.com to your address book so we’ll be sure to land in your inbox!

You may unsubscribe if you no longer wish to receive our emails.

Teepa Snow
Today's Voice for Dementia

Teepa is an advocate for those living with dementia and has made it her personal mission to help families and professionals better understand how it feels to be living with dementia related challenges and change. Her company, Positive Approach, LLC was founded in 2005 and offers education to family and professional care partners all over the world. Her goal? Making a difference...one mind at a time.

CELEBRATING THE HOLIDAYS

A Message from Teepa
Celebrating the Holidays

A LOOK AT HOLIDAY TRADITIONS
WHEN DEMENTIA IS A FACTOR
by Linn Possell, PAC Lead Mentor

Holidays can be times filled with joy for many reasons, one being that we have the opportunity to participate in traditions. These traditions can be unique to our family, social organizations or
groups, and community of faith. Traditions are kept for a reason.

One of the best reasons to keep a tradition is because it fosters a sense of community, belonging, and connectedness. Often we are taught these traditions by our parents or grandparents, elders in our community, or family. So what happens when the people who have held and taught these time-honored traditions begin to experience brain change? Do the changes and difficulties that can come with brain change impact our traditions? The answer is yes if we believe that our traditions must look the same to have the same outcome. But we all know that to help someone live well with brain change also means that those around them must do their best to make the necessary changes to help this happen. Traditions can be extremely important to helping families living with brain change continue to stay connected and promote a sense of well-being within the family unit. This is also the case for social and religious communities. Because, after all, the most significant part of tradition is connectedness.

READ OR DOWNLOAD THE COMPLETE ARTICLE

His and Hers Holidays with Dementia

The traditional gender roles of the holidays
by Amanda and Dan Bulgarelli, PAC Mentors

No matter where you are from, the holidays bring people together. The celebration and enjoyment level of each group depends on the family dynamics and whether or not everyone feels included in the traditions and activities. With dementia in the family, it can be hard to keep traditions alive exactly as they were before. This is a time to remember Teepa's adage; "I am who I was but I'm different." This November, we are going to take a look from the male and the female perspectives to try to find ways to celebrate and adapt the traditions to make the holidays inclusive and enjoyable for all.

Read or download the complete article
Now that Where Did You Go? has officially begun its film festival campaign, Shared Syndicate needs to raise additional funds to cover the considerable costs involved in getting it out there! (Marketing, submissions, administration, materials, and travel).

We need your support! Many of you were so generous with your pledge to donate last year - but we were not able to collect these donations because the number of pledges did not meet the goal that was set. As a result, we could not collect, as determined by the fundraising platform's guidelines.

Please help Where Did You Go? to fulfill its goals and potential, to reach as large an audience as possible!

DONATE NOW

Roles and Reminiscing Without Words
Using Rhythm and Ritual
by Andrae Ware, PAC Independent Certified Engagement Leader

Since the beginning of time a woman's role has always been uniquely defined. Some say nurturer, mother, daughter, wife, leader, and the list goes on. So how does this relate to a dementia setting?

Is a female role model the epitome of being a woman today? Society may define it by the level of education, social status, or the amount of success. In a dementia setting I've seen this translate into several different things. The well educated becomes the educator, the well cultured becomes the socialite, and the mother becomes the kind lady next door. The roles beg the question, I am who I was but I'm a little different now, so how do we tap into that without using words, instead using rhythm and ritual?

Read or download the complete article

Positive Approach Partners with Levenson & Associates

Mr. Levenson is partnering with us to answer your legal questions.

Submit a Question

Check out this great training combo!
PAC Approved Certification Dates for 2017

Registration for these events is now open!

TRAINERS
- **January 30-31, 2017**: Richmond, VA
- **March 9-10, 2017**: Stratford, ON

CONSULTANTS
- **February 14-15, 2017**: San Diego, CA
- **February 21-22, 2017**: Woodstock, ON (Toronto)

Registration for these events opens on January 4, 2017

TRAINERS
- **March 29-30, 2017**: Atlanta, GA
- **May 8-9, 2017**: Adrian, MI
- **June 15-16, 2017**: San Diego, CA
- **July 6-7, 2017**: Antigonish, NS
- **July 10-11, 2017**: Minneapolis, MN
- **July 24-25, 2017**: Honolulu, HI
- **September 14-15, 2017**: Hickory, NC

CONSULTANTS
- **August 14-15, 2017**: Orlando, FL
- **November 2-3, 2017**: Northwest US

COACHES
- **March 27-28, 2017**: Dallas, TX
- **May 11-12, 2017**: Burlington, MA (Boston Area)
- **June 19-20, 2017**: Vancouver Island, BC
- **November 9-10, 2017**: Detroit, MI

ENGAGEMENT LEADERS
- **June 29-30, 2017**: Bourbonnais, IL (Chicago)
- **August 10-11, 2017**: Davenport, IA
- **December 11-12, 2017**: Phoenix, AZ

Together, these titles are the perfect combination to license and incorporate into any internal training program for your staff.

(All DVD content is intended for individual use only. If you are interested in multiple party viewings or licensing of this content for use in your training services, please contact our licensing team for further information).
NOTE: All Dates and locations are subject to change

Learn More

A MUSIC MOMENT WITH MARY SUE

Mary Sue Wilkinson is the founder of Singing Heart to Heart and the author of "Songs You Know By Heart: A Simple Guide for Using Music in Dementia Care", from which this Music Moment is an excerpt. The book includes contributions from Teepa Snow as well as Mary Sue's CD of 18 favorite sing along songs. Buy the book HERE.

HELP OTHERS LIVE WELL

If you know someone working or living with dementia who might benefit from the teachings of Teepa Snow, please forward this to them now.

Be knowledgeable. Be prepared. Be positive.

If this journal was helpful to you, we would appreciate your feedback. Please share your comments and further interest with us.

Stay Connected!

Visit our website for resources and program offerings.

Teepa Snow - Positive Approach to Brain Change, PO Box 430, Efland, NC 27243