

CURRICULUM VITAE

Teepa L. Snow, MS, OTR/L, FAOTA

(Teepa Snow created the materials to be used in Positive Approach to Care (PAC) workshops and has authorized the Certified PAC Trainer to facilitate workshops using PAC materials.)

EDUCATION

Master of Science University of North Carolina at Chapel Hill
September 1978 - May 1980
Occupational Therapy

Bachelor of Science Duke University
September 1972 - May 1976
Zoology, magna cum laude

EMPLOYMENT

Independent Practice Positive Approach, LLC
1/07- present Dementia Care & Training Specialist
4222 ELG Rd., Efland, NC 27243

Consulting Associate Duke University School of Nursing
7/1/92 – present Durham, NC

Clinical Associate University of North Carolina – Chapel Hill, School of Medicine
1/05-12/12 Chapel Hill, NC

Dementia Care &
Training Consultant Eastern North Carolina Chapter Alzheimer's Association
10/06-10/08 400 Oberlin Rd., Raleigh, NC 27605

Director of Education Eastern North Carolina Chapter Alzheimer's Association
9/02 – 10/06 400 Oberlin Rd., Raleigh, NC 27605

Program Director Durham Technical Community College
7/1/93 – 7/03 Occupational Therapy Assistant Program
1637 Lawson St. Durham, NC 27703

Lead Trainer and
Consultant Eastern North Carolina Chapter Alzheimer's Association
5/97 – 1/03 Raleigh, NC

Occupational Therapist NovaCare Rehabilitation Services
9/2/92 - 6/30/93 Durham, NC

Occupational Therapist Durham Veteran's Affairs Medical Center
Geriatric Clinical Specialist Durham, NC
11/17/90 - 9/5/92

Director of OT Greenery Rehabilitation Center Head Injury Facility
9/14/87 - 9/14/90 Durham, NC

Clinical Assistant
Professor University of North Carolina at Chapel Hill,
3/1/87- 9/12/87 School of Medicine, Department of Medicine,
Program on Aging
with a joint appointment to the
Department of Family Medicine.

Clinical Instructor University of North Carolina School of Medicine
4/19/82 - 2/28/87 Department of Medicine, Program on Aging

During the 5 1/2 years spent with the Program on Aging the following Administrative and Ancillary positions were held:

Interdisciplinary Team Leader (6/84 - 8/87) Geriatric Evaluation Clinic,
UNC-CH School of Medicine, Department of Family Medicine.

Consulting Therapist (5/84 - 8/87) Teaching Nursing Home Project,
Lakeview Manor Nursing Home, Chapel Hill, NC

Visiting Clinical Instructor (9/84 - 6/85) Division of Occupational Therapy

Clinical Instructor (9/85 - 9/87) School of Nursing, UNC-CH

Consultant (6/84 - 12/84) Community Alternatives Project for the Mentally Retarded
(CAP-MR) Waiver Project, Wake County Area Mental Health
Associate Director (11/1/83 - 6/31/84)

Community Options Program for the Elderly (COPE),
Wake County Hospital System, Inc. & Wake AHEC

Case Manager (12/1/82 - 11/1/83) Care Options Program for the Elderly Project
(COPE), Wake County Hospital System, Inc. & Wake AHEC.

Home Health Therapist MedVisit, Inc., (Home Health Agency)
& Consultant
(6/82 - 11/83)

Temporary Staff Therapist Duke University Medical Center
(6/81 - 10/81) Rehabilitation Department
Durham, NC

Consultant Carol Woods Health Center
(6/80 - 6/82) Carol Woods Retirement Community, Chapel Hill, NC.

Staff Therapist Hitchcock Rehabilitation Center
(9/80 - 5/81) Aiken, SC

CERTIFICATION & LICENSURE

Registered Occupational Therapist - (6/80 - present)

National Board for Certification in Occupational Therapy Certification #
(NBCOT) - 418491

Licensed Occupational Therapist - (9/85 - present)

North Carolina Board of Occupational Therapy
North Carolina License # 170

Neurodevelopmental Treatment Association (NDTA)

Adult Hemiplegia Bobath Certification Course - (4/17-4/28/89 and 10/16-10/21/89), Rehabilitation
Institute of Chicago,
Isabelle Bohman, Course Instructor
Certificate # AH-1193-89.

PROFESSIONAL ACTIVITIES

Advisory Board – Dementia Action Alliance, Washington, DC
Advisory Board – Alzheimer’s Foundation of America, NAPA Committee
Advisory Board – Alzheimer’s Foundation of America, Best Practices in Care Committee
Advisory Board – Pines of Sarasota Institute, Sarasota, Florida
Consultant & Trainer – Arbor Management Company, Atlanta, GA
Approved Trainer – NC-NOVA, Coaching Supervision

PROFESSIONAL MEMBERSHIPS

Dementia Action Alliance, 2011-present
American Association of Geropsychiatry (AAGP), 2011-present
NC Coalition for Long Term Care Enhancement, 2007-present
Alzheimer’s Foundation of America 2007- present
American Occupational Therapy Association (AOTA), 1978 – present
North Carolina Occupational Therapy Association (NCOTA), 1978 - present
North Carolina Assisted Living Association, 2000-2012
Friends of Residents in Long Term Care, 2002-2010
Alzheimer’s Association – Eastern NC Chapter, 1995-2010
North Carolina Association of Educators, 1999-2002
American Geriatrics Society (AGS), 1984-1989, 1995-1998
National Head Injury Foundation (NHIF), 1987 - 1992
North Carolina Head Injury Association (NCHIF), 1988 - 1992

AWARDS

2011- Ewald Busse Award – Outstanding Service to Elders in NC
2011 – NCALA – Outstanding Educator Award, Raleigh, NC
2011 – ME Costello Legend Award – Outstanding Educator and Program Developer, Atlanta, GA
2007 – Outstanding Caregiver Award, Alzheimer Society of Western Washington
2006 – Outstanding Service Award – LIAF, NY
2003 – Outstanding Trainer – Hearthside Home Care Agency, Greensboro
2002 – Outstanding Volunteer for Education – North Carolina Assisted Living Association
2002 – *Outstanding Leadership Award* - Black Mountain Education Foundation
2001 – *Educator of the Year Award* – Eastern Chapter North Carolina Alzheimer Association
1999 - *Certificate of Merit* - Recognition from the NCOTA for chairing the Call to Action Committee for the
Association
1995 - *Outstanding Teacher of the Year Award* - Recognition for Excellence in Teaching, Durham Technical
Community College

- 1988 - *Suzanne C. Scullin Award* - for Recognition of Sustained Outstanding Research, Publication and Clinical Practice in the Field of Occupational Therapy, North Carolina Occupational Therapy Association
- 1987 - *Fellow, American Occupational Therapy Association*
- 1983 - *Award of Appreciation* For Editorship of the Gerontology Special Interest Section Newsletter and Membership on the American Occupational Therapy Association Communication Committee, American Occupational Therapy Association
- 1982 - *NOVA Award* For Outstanding Service to Occupational Therapy by a Therapist Practicing Less Than 5 Years, North Carolina Occupational Therapy Association

STATE PROFESSIONAL POSITIONS

- Education Committee – Friends of Residents in Long Term Care – March 2004 - 2008
- Executive Board Member - North Carolina Assisted Living Association - February 2000 - 2005
- Call to Action Co-Chair - North Carolina Occupational Therapy Association - May 1999 - 2002 (Appointed)
- Education Committee - North Carolina Occupational Therapy Association - August 1993 - 2000 (Appointed)
- Chairperson - North Carolina Fieldwork Education Consortium May 1996 - October 1998 (elected)
- Long-Range Planning Committee - North Carolina Occupational Therapy Association - June 1986 - 1990 (Appointed)
- Advisor to Executive Committee - North Carolina Occupational Therapy Association -October 1985 - October 1987 (Appointed)
- Membership Chairperson - North Carolina Occupational Therapy Association - August 1984 - 1988 (Appointed)
- President - North Carolina Occupational Therapist Association - October 1983 - October 1985 (Elected)
- District Chair - North Carolina Activities, North Carolina Occupational Therapy Association - Fall, 1980 - Spring, 1983 (Elected)
- Licensure Committee - North Carolina Occupational Therapy Association - Fall, 1980 - 1982 (Appointed)
- Chairperson - North Carolina Occupational Therapy Association Special Interest Group Fall, 1981-1983 (Appointed)
- Bylaws Committee - North Carolina Occupational Therapy Association - Fall 1982 - 1986 (Appointed)
- Chairperson - Long Term Care Screening Form Committee Appointed by Lillian Gaskill -May 1983 - June 1984
- State Conference Planning - North Carolina Occupational Therapy Association - January 1982 - October 1982 (Appointed)

NATIONAL PROFESSIONAL POSITIONS

- Dementia Action Alliance – Leadership Advisory Member – January 2014 – present
- Dementia Action Alliance – Practice Planning Committee Member – January 2014 – present
- Stakeholder – CMS – Person-Centered Care – Reducing Anti-Psychotic Use in LTC - Quarterly Advisory Committee, January 2012- present
- Advisory Committee – Alzheimer Foundation of America – Committee member providing guidance on creating programs that are state-of-the-art for residents with dementia – March 2009 - present
- Panel Member - Panelist for Standard Setting regarding the National Certification Examination for Occupational Therapy Assistants - February 2000.
- Member - Program Director's Advisory Committee of the National Board for Certification in Occupational Therapy - December 1998 – February 2002.
- Co-Chair - Student Learner Outcome Task Force - American Occupational Therapy Association Commission on Education - January 1994 - 1997.
- Reviewer - Home Health Practice Guidelines Draft I and II, American Occupational Therapy Association Commission On Practice - June - September, 1986
- Clinical Representative - Commission on Education, American Occupational Therapy Association - June 1982 - June 1983 (Appointed)
- Reviewer - Gerontological Submissions for the American Occupational Therapy Association Conference - 1983, 1984, 1986 & 1987.

PUBLICATIONS

- Snow, T. "Conversation Starters: Positive Physical and Verbal Cues That Click.", pp 10-12, Care Advantage (magazine article), Alzheimer's Foundation of America, Fall, 2009.
- Snow, T. (DVD) "It's All in Your Approach: Providing Care for People with Dementia". Pines of Sarasota Education Foundation, April, 2009.
- Snow, T. (quarterly newsletter article) "Dementia & Alzheimers Care: What Do We Need to Know to Provide State of the Art Care?" GSIS Newsletter, AOTA, Nov. 2005.
- Ahrendsen, CO. & Snow, T. (article) "Alzheimer's Disease, Family Caregivers, and Faith in Action in North Carolina", North Carolina Medical Journal, Jan-Feb, 2005.
- Snow, T. and Bunn, M.(DVD & training manual) **Accepting the Challenge: Providing the BEST CARE for PEOPLE with DEMENTIA**. Produced by the Eastern NC Chapter Alzheimer's Association, 2003.
- Snow, T. (newsletter article) *Activities for People with Dementia*, NCALA Newsletter, Spring 2003.
- Snow, T. (newsletter article) *Basics on Dementia*, NCALA Newsletter, Spring 2002.
- Snow, T. (videotape & training manual) *New Approaches to Enhancing Mobility*. produced by Wake AHEC through a Kate B. Reynolds Grant, North Carolina Health Care Facilities Association & Division of facility Services, July, 25, 2001.
- Ackley, G. and Snow, T. *Alteration in Mobility and Alteration in Activity* Chapters in Nursing Diagnosis Handbook, 4th Ed, Ackley, B. and Ladwig, G. (editors). Philadelphia, Mosby, 1999
- Ackley, G. and Snow, T. *Alteration in Mobility and Alteration in Activity* Chapters in Nursing Diagnosis Handbook, 3th Ed, Ackley, B. and Ladwig, G. (editors). Philadelphia, Mosby, 1996.
- Snow, T. Equipment for prevention, treatment, and management of urinary incontinence. Topics in Geriatric Rehabilitation" 3(2):58-77, 1988.
- Snow, T. (Guest Editor) Sleep and the Elderly. Focus on Geriatric Care and Rehabilitation " 2(2):1-8, 1988.
- Snow, T., Giduz, B., McConnell, E., Wildman, D., and Sanchez, C.J., Manual of Geriatric Practice, Rockville, Md., Aspen Publishing Co., 1987.
- Snow, T. and McConnell, E. (Guest Editors) "Pressure Sores" Focus on Geriatric Care and Rehabilitation" 1(4):1-8, 1987.
- Jackoway, J., Rogers, J. and Snow, T. "Roles and the Elderly - An Index of Role Participation". Occupational Therapy in Mental Health" 7(1):17-37, 1987.
- Rogers, J.C., Marcus, C.L., and Snow, T.L. "Maude:A Case of Sensory Deprivation". American Journal of Occupational Therapy" 41(10):44- 47, 1987.
- Snow, T. "Case Management". In M. Kirkland and L.J. Davis (eds), The Role of Occupational Therapy With the Elderly (ROTE) Curriculum. Maryland, American Occupational Therapy Association, Inc., 1986 pp 359-365
- Snow, T. "Working With the Family". In M. Kirkland and L. J. Davis (eds.), The Role of Occupational Therapy With the Elderly (ROTE) Curriculum. Maryland, American Occupational Therapy Association, Inc., 1986, pp 373-383.
- Rogers, J. and Snow, T. "Later Adulthood". In The Model of Human Occupation: Theory and Application. Edited by G. Kielhofner. Baltimore, Maryland; Williams and Wilkins, 1985, 123-133
- Snow, T. and Rogers, J. "Dysfunctional Older Adults". In The Model of Human Occupation: Theory and Application. Edited by G. Kielhofner. Baltimore, Maryland; Williams and Wilkins, 1985, 352-370
- Snow, T., Snow, D., and Rogers J. Data based articles in AJOT. In BIBLIOGRAPHY OF COMPLETED RESEARCH IN OCCUPATIONAL THERAPY. Rockville, Maryland: American Occupational Therapy Foundation, 1984, A1-A137.
- Snow, T. and Sigmon, R. Care Option Program for the Elderly Report on the Pilot Program Implementing the Medicaid - Community Alternatives Program in Wake County and Associated Long Term Care Program Development, 1982-1984. University of North Carolina at Chapel Hill, Chapel Hill, North Carolina, 1984.
- Snow, T. "The Multidimensional Functional Assessment Questionnaire", Gerontology Special Interest Section Newsletter, 71-72, Vol. 2, No. 3, 1979. Reprinted in Occupational Therapy in Practice - Collection of Special Interest Section Newsletters, Vol. 1, (1- 1983), 1983.

- Snow, T. "Self-Assessment: The Aging Neurosensory Systems", Gerontology-Special Interest Section Newsletter, 70-71, Vol.2, No. 4, 1979. Reprinted in Occupational Therapy in Practice - Collection of Special Interest Section Newsletters, Vol. 1, (1- 1983), 1983.
- Snow, T. "Test Review: Human Development Inventory". Gerontology-Special Interest Section Newsletter, 69-70, Vol. 2, No. 4, 1979. Reprinted in Occupational Therapy in Practice - Collection of Special Interest Section Newsletters, Vol. 1, (1- 1983), 1983.
- Snow, T. (Editor and Contributor), 1982 Community Resource Manual for Wake AHEC Region. November 1982.
- Snow, T. and Mitchell, M. "Administrative Patterns in Curriculum- Clinic Interactions". American Journal of Occupational Therapy" 36:(4) 251-257, 1982.
- Rogers, J. and Snow, T. "An Assessment of the Feeding Behaviors of the Institutionalized Elderly". American Journal of Occupational Therapy" 36:(6) 375-380, 1982
- Snow, T. "Assessing Self-Care Status". Gerontology-Special Interest Section Newsletter, 51-52, Vol. 6, No. 2, 1983. Reprinted in Occupational Therapy in Practice - Collection of Special Interest Section Newsletters, Vol. 1, (1- 1983), 1983.
- Snow, T. "Assessing Mental Status". Gerontology-Special Interest Section Newsletter, 52-53, Vol. 6, No. 1, 1983. Reprinted in Occupational Therapy in Practice - Collection of Special Interest Section Newsletters, Vol. 1, (1-1983), 1983.

RESEARCH ACTIVITIES

- Consultant – Mouth Care for Residents with Dementia in Long Term Care – Grant Project – Sloan & Barrick, NC, 2010.
- Trainer and Lead Implementer – Veteran’s Administration Medical Center VISN 6 Initiative – Improving Care for Veteran’s with Dementia – grant funded by the VISN 6 Education Committee, July 2005 - present
- External Advisory Board Member & Visiting Instructor - Evidence Based Nursing Practice in Geriatric Settings – Grant Project with Duke University School of Nursing, January 2004 – 2008.
- Consultant – “Improving Dementia Care for Veterans”, A clinical initiative sponsored by VISN VI in the VA. Lead Investigator and Projector Manager, Eleanor McConnell, RN, PhD, Duke University School of Nursing, July 2001 – 2007.
- Consultant - " Exercise Training for Frail, Rural Elderly". Hogue, C. Principal Investigator, NIA funded, April 1993 - 1996.
- Co-Investigator - "Exercise Programming in Institutionalized Elderly to Promote Function" NIA funded, Oct 1992 - 1997
- Co-Investigator - "Developing Exercise Evaluation and Programming for Institutionalized Elderly:A Pilot". Kocherberger - Principal Investigator, GRECC funded, June 1992 - Sept 1992.
- Consultant - "Exercise Training for Frail, Rural Elderly: A Pilot". Hogue - Principal Investigator, NIA funded, December 1990 - July 1991
- Project Member and Instructor - GERIATRIC MEDICINE ACADEMIC AWARD - funded by the National Institute on Aging, Beck - Administrator, 1983-1988.

SELECTED PRESENTATIONS

Conducted over 1500 community, family, professional and administrative workshops related to dementia care and older adults over the past 7 years.

For a full list of presentations given in the last year, please request the information.

REFERENCES

Available upon request