

BIO SKETCH - Teepa Snow, MS, OTR/L, FAOTA

(Teepa Snow created the materials to be used in Positive Approach to Care (PAC) workshops and has authorized the Certified PAC Trainer to facilitate workshops using PAC materials.)

Teepa is an occupational therapist currently working as a dementia care and dementia education specialist. She has an independent practice. She has clinical appointments with Duke University's School of Nursing and UNC-Chapel Hill's School of Medicine. She provides educational and training sessions to organizations and providers throughout the US & Canada. She works closely with various dementia specialty service providers in both nations to develop, improve, and optimize programs and services to people living with dementia, their care partners, and family members. Additionally, she works with individuals and support systems to help problem solve challenging situations.

Teepa has over 34 years of experience in geriatrics, but she has also provided care to a variety of personal friends and family members with dementing illnesses. Additionally, she has served as the education director and lead trainer for the Eastern NC Chapter of the Alzheimer's Association. She has a strong and varied clinical & teaching background. She was the OT director in a head injury facility, a clinical specialist in geriatrics at a VA Medical Center, was part of an interdisciplinary team at UNC-CH's Program on Aging, and has worked as a restorative care coordinator for long term care facilities, as well as providing direct care in community, home health, long term care, assisted living, and rehabilitation settings and teaching community college, university, and post-graduate programs. She has worked collaboratively to conduct clinical research in a variety of settings and on a variety of geriatric topics throughout her career.

Teepa is a Fellow of the American Occupational Therapy Association. She has developed multiple training videos, published many articles, and presents all across the continent on a variety of topics and to a wide variety of audiences. For the past 7 years she has presented over 350 programs each year. She has received many awards for her clinical and teaching skills from a wide variety of organizations.