

Part 5: Practice Scenarios for Challenging Preceptor Situations

Getting Curious NOT Judgmental...

- Exploring the Preceptor Cycle
- Identifying Personality Traits
- Developing Options to Change the Game

Putting It All Together

- Look at the Scenario
- Use the PAC tools to assess
 - Personality Traits
 - GEMSTM
 - Preceptor Cycle
 - Multiple Intelligences
 - AELC
- Investigate
- Decide who you will work with
- Role play through your investigation
- Gather your data
- Work out a plan with your partner/team

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Scenario #3

Upon your triumphant return to your work as a newly Certified PAC Preceptor, your learners have truly enjoyed working on their PAC Skills with you. Your precepting style has stayed responsive and open, leading many of your learners to want to spread this amazing new skill-set to others.

While you truly want to encourage the spread of this information, you are concerned about *how* some of the learners are sharing with others. Just yesterday, you witnessed one of your star students working to teach a brand new Care Partner how to do Hand-under-Hand™.

As the new partner tried it out, you overheard your learner say, “No, no, no! You have to do it like this!” She then took the spoon from the new partner’s hand and started working to get the person living with dementia to eat. The new Care Partner walked away from the exchange looking frustrated and surprised. How will you handle this situation?

Scenario #5

Your PAC Preceptor course was so exciting that you wanted to get started right away with everyone you know that works around people living with dementia. While the staff at your mom's care home are willing to learn and try your new PAC Skills with your coaching finesse, there are others who are not as keen.

After approaching your friend who's mother lives in the same care home as your mother, she agrees to a few preceptor sessions with you. During the very first session she is hesitant, but you are able to get her to see an area for drills; creating a relationship without pushing her agenda. She was stuck trying to reason with her mom about going to the bathroom, which you helped her see would not be effective. After this realization, she turns very rigid and begins to be a bit gruff in her responses.

Her resentful nature grows when you ask her to practice the skill. She turns to you and says, "She is normally perfectly happy, I think you should leave as you are making her upset." How do you respond, what are your next steps?

Scenario #6

As you entered into your first session as a newly Certified PAC Preceptor, you were feeling very confident. You cycled through the Preceptor cycle with ease as you got your learner to see that he was moving too quickly for the person living with dementia to process.

When the time for practicing the skill came, he became sad and a bit frantic. He mentioned that this preceptor session was during his lunch break, and that he should probably get back to the floor. Along with this information, he said, "I really want to work through this PAC stuff, but they really don't like us taking too long with any of the residents. We run a pretty tight ship here, I know last week I was just a few minutes late getting one of the residents ready for breakfast and I got written up. I don't think I have time for this right now."

What will you do to meet his needs and precept the skills?

Scenario #8

As a Certified PAC Preceptor, you are ready to take on the world with your new skills. Upon your arrival back at the care home where you work, the leader pulls you aside to ask for your help. There is a Care Partner struggling with getting someone into the shower and the screaming and fighting has to stop.

Dutifully, you set up a meeting with the Care Partner and he is very willing to learn more about PAC and the skills that would help him get his Care Partner into the shower in a better way. You follow the preceptor cycle and after reviewing the activity through his eyes, he determines that he could try to cover her up a little bit before the shower. This sounds good to you, so you send him off to try it out with his Care Partner whenever he can.

The following week, you hear screams coming from someone's room and as you get to the door, you realize that it is your learner trying to get his Care Partner into the shower again. As you enter, you see him trying to wrap a towel around the naked woman as she screams and swings at him. What went wrong? What will you do to deescalate and precept this situation?

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Your Scenario and Plan:

Your Scenario #: _____ Your Partner/Group Members: _____

What is going on? _____

Why might this be happening? _____

How is this related to something you have seen/done before? _____

What are some options you have? _____

Try one of the options (role-play): _____

How did that go? _____

What would you do differently the next time something like this happens? _____

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