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Teepa's Knowledge Intensives Workshop 1

I Am Who I Was, But I'm Different! *Caring for the Person Living with Dementia in the Here and Now by Building and Using a Quick Reference Visual Communication Tool that is Person-Centered*

Audience: PAC Community Members and those actively working in dementia care communities or agencies.

Purpose: Compare and contrast the use of a PAC user friendly communication tool with traditional record keeping of person-centered information for purposes of ensuring all team members access and use the information on a daily basis.

Collect significant *historical* data related to the person living with dementia's background and history to complete a data base to aid in understanding origins of many potential triggers and possible comforts in support and care situations in a time-limited way.

Convert collected *historical* personal data into a user-friendly format that fosters *all* team members' awareness and use of the personal history information.

Collect significant *current* data related to the person living with dementia's current brain change status, GEMS[®] State(s), current patterns of activity, and physical, emotional, social, and spiritual health expressed needs, interests, and abilities to add to the data base to aid in understanding of many potential triggers and possible comforts in support and care situations with a 24/7 overview.

Convert collected *current* interests and abilities related data into a user-friendly format that fosters *all* team members' awareness and use of the personal current information.

Recognize the value of this user-friendly person-centered communication tool for all care providers and team members that combines the individual's history with current abilities to better interact, provide support and care with that person for a better quality of life for all involved.

Outline:

- A. Review existing methods of collecting, storing, and sharing person-centered data among care team members in care situations and settings and typical outcomes (.25 hr).
- B. Discuss the role of HIPAA in creating and using a user-friendly communication tool to support person-centered care and programming (.25 hr).
- C. Observe and practice recording on time-limited interviews with a PLwD, a family member, a friend, a care provider, an engagement person, a dining/laundry/housekeeping/maintenance service person, a mental health care provider, and an administrative leader. Information gathered will be used to build the communication tool. (.5 hr)
- D. Discuss and share the collected data in a time-limited team huddle format (.5 hr).
- E. Review the value of Team Huddles and use of PAC Training and Coaching Cycles to aid all learners in taking what is known and missing among various team members to promote shared awareness and knowledge (.25 hr).
- F. Use shared data to create a first draft of a visual communication tool that can be used by all team members prior to interactions and care (.25 hr).
- G. Review the process used to create the draft tool and discuss the value of both the process and the tool in developing a team approach, improving connections among team members, and comparing communication preferences, styles, and foci (.5 hr).
- H. Use a team huddle to revise the visual communication tool and determine follow up monitoring plan for accuracy, changes, and impact of this information interactions, programming engagement, and care provision (.5 hr).
- I. Observe or practice conducting PAC based, time-limited data collection interviews with individual simulating Diamond and Emerald GEMS[®] State abilities and changes to gather information (.5 hr).
- J. Observe or practice conducting PAC based, time-limited data collection interviews with various people who have a mix of personality traits and perspectives in order to obtain the most valuable data for person-centered care planning (.75 hr).
- K. Observe or practice conducting a time-limited Team Huddle to share out observations and understanding of the data that was gathered during previous sessions (.5 hr).
- L. Practice working in small groups to create a draft of a visual communication tool for use in person-centered care (.5 hr).
- M. Observe or practice conducting a time-limited Team Huddle to share out the visual communication tool and establish a plan for use and monitoring follow-up to determine accuracy and impact of use of the tool in interactions, care support, and programming (.25 hr).
- N. Review all areas of skill and knowledge development and plan for implementation and practice after the sessions (.25 hr).
- O. Q & A and Evaluations of the Experience (.25 hr).